

**Mondays Only for Grade K - 5**

**Start Date - March 24**

**End Date - April 28**

* **Running Club** is designed to promote physical activity in our kids and get them excited about pursuing a healthy lifestyle. This program will focus on exercise through running or walking, healthy lifestyle choices, and setting and achieving goals.
* **Registration** will be open **Monday, March 3** through **Friday, March 7.**
* All students must complete the form and return it to their teacher **by Friday, March 7.**
* Parents must fill out **both sides of the form** including the medical release form on the back of this paper.
* If your child is on the fence about running, go ahead and sign up. It’s easier to have an extra name on the roster than add students after the rosters have been created.
* **Running Clubwill meet on Monday’s from 3:00 – 3:50 p.m.**
* **All students MUST be picked up no later than 4:00 pm.**
* After school, students will be dismissed directly to the LDC Running Club staging area.
* Pick up is at the back of the school and is **walk-up only (NO CARS)**.
* Guardian must sign their child out daily before they are released for dismissal.
* We respectfully ask that no students use the track and field area for free play or other sports activities during running club time.
* **Weather Cancelations** will be communicated no later than 9am on Running Club days.

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Grade:** \_\_\_\_\_\_ **Teacher Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Parent Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent Phone Number (s):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ / \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

For more information or if you have any questions, please contact:

 Mr. Zehr

 jerry.zehr@mnps.org

**METROPOLITAN NASHVILLE PUBLIC SCHOOLS**

*Certificates Approving Athletic Participation*

**STUDENT NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PARENT CERTIFICATE OF CONSENT**

***PARENT OR GUARDIAN PLEASE READ AND SIGN***

I hereby give my consent for my son or daughter to participate in the athletic program in MNPS approved sports sponsored by **Lockeland Design Center**. I understand that MNPS may require the release of student records for participation in MNPS-regulated athletics and hereby give consent for Metropolitan Nashville Public Schools to have access to my son’s or daughter's records. I further release said school, Metropolitan Nashville Public Schools and their agents, from all liability for injuries received by my son or daughter during, or resulting from this program, whether during practice or in an interschool contest. In addition, I hereby release **Lockeland Design Center**, Metropolitan Nashville Public Schools and their agents, from all liability for injuries received by the participant while in route to or from contests which are held at other schools. I acknowledge that some sporting events may be held at or adjacent to a public park or facility, and that the lawful possession of handguns is not permitted during school related activities.

Permission is hereby granted for such initial or emergency medical care as may be available as a result of injury incurred during athletic team practice or competition.

**Parent Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parent Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date**:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_